

# LabGold Instructions

## Simple COVID-19, Flu A/B and RSV PCR testing for your family

For use by individuals aged 16 years or older (self-collected), or 2 years and older (collected with adult assistance, including adults who require support)

1. **REGISTER:** Open the camera app on your mobile device and scan the QR code. Click “visit our registration portal.” Select your symptom status. Create an account or login with your mobile number. \*Please note that for lab regulatory compliance, insurance information is required for all who are tested, including team members. However, there is no out-of-pocket charge.



Can't scan the QR Code? Use this link:

<http://www.northwell.edu/LabGold>

Please note this link is for Northwell Health team members, their immediate family, and the general public.

2. **PICK UP YOUR KIT:** Visit an [Team Member Health Services](#) office or a [Patient Service Center](#) to pick up a kit, which can be used to test for COVID-19 in both asymptomatic and symptomatic individuals, and to test for Flu A/B and RSV in symptomatic individuals only.
3. **COLLECT YOUR SPECIMEN:** Follow the instructions on your mobile device to self-swab both nostrils. Twist the cap back on the tube until it is secure, and no longer turns.
4. **SCAN YOUR SPECIMEN:** Use your mobile device to scan the LabGold™ tube barcode, which will link your specimen to your registration. You'll receive a confirmation text when linked.
5. **DROP OFF YOUR SPECIMEN SAME DAY:** Return your specimen the same day you collect it to a Team Member Health Services office or Patient Service Center near you, or seal your tube in a specimen bag and return to a LabGold™ drop box. View all locations at [Northwell.edu/LabGold](http://Northwell.edu/LabGold).
6. **RECEIVE YOUR RESULTS:** You'll receive a text when your specimen is in the lab and another when your results are ready in 1 to 3 days from receipt in the lab. Click the text link and results will be sent via emailed PDF Report.



LabGold™ questions?  
Scan this QR Code or visit  
[Northwell.edu/LabGold](http://Northwell.edu/LabGold)



For program details, visit  
the employee resource page at  
[Webportal.northwell.edu/  
covid19TestOffer/QA/](http://Webportal.northwell.edu/covid19TestOffer/QA/)

